

# Eggbuckland Community College

## Nasal Flu Vaccination date:

# Thursday 7<sup>th</sup> October 2021



Public Health  
England

NHS

Flu vaccination 2021 to 2022

EGGBUCKLAND  
COMMUNITY COLLEGE

NHS

## flu: 5 reasons to have the vaccine

### 1. Protect yourself

The vaccine will help protect you against flu and serious complications such as bronchitis and pneumonia

### 2. Protect your family and friends

Having the vaccine will help protect more vulnerable friends and family

### 3. No injection needed

The nasal spray is painless and easy to have

### 4. It's better than having flu

The nasal spray helps protect against flu, has been given to millions worldwide and has an excellent safety record

### 5. Avoid lost opportunities

If you get flu, you may be unwell for several days and not be able to do the things you enjoy

For more information visit  
[www.nhs.uk/child-flu](http://www.nhs.uk/child-flu)

Flu mmunisation  
Helping to protect you against flu

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NHS

## Protecting your child against flu

Flu immunisation in England

Information for parents and carers of preschool  
and primary school-aged children



NHS

## Protect yourself against flu

Flu immunisation in England

Information for those in school years 7 to 11

