

Sport Booklet Project

Your task is to complete 2 booklets of information in any format that you would like but it must be able to be put together into a booklet form. It should be completed on one document and be able to be sent electronically.

You have covered a range of sports this year and will be entering the Summer activities of Cricket or Rounders and Athletics.

You need to select a sport that you have participated in, in PE and a sport that you have not done before either in the curriculum or a sport you would like to try. You need to complete all areas in the contents page below.

Each sport should be a separate booklet.

If you are studying BTEC Sport please only do the booklet that is in the BTEC Sport folder.

Any issues please feel free to get in contact with your PE teachers

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Contents

<u>Content</u>	<u>Helpful information to aid you to complete it</u>	<u>Page number</u>
Introduction of chosen sport 1	<ul style="list-style-type: none"> - What is the sport? - What is the objective? 	
Rules	<ul style="list-style-type: none"> - How many people play? - Where? - What is in/out? - What is allowed and not allowed? 	
Regulations	<ul style="list-style-type: none"> - Size of court - Size of equipment - Weight of equipment - Kit they are expected to wear 	
Officials	<ul style="list-style-type: none"> - Who are they? - How many? - Where do they stand? - How do they communicate? - Examples of signs/calls they might make 	
Scoring Systems	<ul style="list-style-type: none"> - How do you score in your sport? - How many points is a goal worth? - How many points do you play to? - Do you swap ends after a certain score? 	
Tactics	<ul style="list-style-type: none"> - What elements could you put in place to help you win a game? 	
Skills	<ul style="list-style-type: none"> - What do you need to do to be successful at the sport? - E.g. netball- chest pass, bounce pass, shoulder pass, shoot etc 	
Techniques of skills	<ul style="list-style-type: none"> - How do you do the skills that you have identified above? - Think about what your feet do, your hips, your body, your arms and head. - Bullet point information. 	
Knowledge Organiser	<ul style="list-style-type: none"> - Use the information above to create a summary knowledge organiser that could be displayed 	
20 question quiz	<ul style="list-style-type: none"> - Create a quiz that includes written answers and multiple choice to do with general knowledge about the specific sport and about the information above 	
Answers to quiz	<ul style="list-style-type: none"> - Answers in order to the questions above 	
Crossword puzzle 1	<ul style="list-style-type: none"> - Use link below to help to create a crossword based from the information above - https://worksheets.theteacherscorner.net/make-your-own/crossword/ - Make sure there is answer sheet with it 	
Crossword puzzle 2	<ul style="list-style-type: none"> - As above 	